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# TO GET WHAT YOU NEED, YOU MUST KNOW WHAT YOU NEED

***ACTION STEPS***

* Reflect on the job or position that made you feel most rewarded. What did you receive that made you feel good?
* Write down what you need from a job, including such intangibles as freedom, respect, physical activity, and variety.
* Write down the kind of culture you prefer to work in: small or large company, institutional or entrepreneurial, etc.
* Download the Career Reflection worksheet from the Repurpose Your Career Resource Center.

For additional resources, check out the Repurpose Your Career Resource Center at CareerPivot.com/RYC-Resources.