# YOUR FIRST STEPS TOWARD YOUR NEW LIFE

***ACTION STEPS***

* Take stock of where you are in your relationship, financial, health, and other aspects of your life. Write down what about this moment makes it good, or not so good, for a career pivot.
* Write down what you might be running away from and reframe those situations to be something you’re running to.
* Assess whether you’re in a good place to start a career pivot journey or what you need to do before you begin.

For additional resources, check out the Repurpose Your Career Resource Center at CareerPivot.com/RYC-Resources