**TO GET WHAT YOU NEED,**

**YOU MUST KNOW WHAT YOU NEED**

***ACTION STEPS:***

* Reflect back to the job or position that made you feel most rewarded. What did you receive that made you feel good?
* Write down what you need from a job, including such intangibles as freedom, respect, physical activity and variety.
* Write down the kind of culture you prefer to work in: small or large company, institutional or entrepreneurial, etc.
* Download the Career Reflection worksheet from the Repurpose Your Career Resource Center.