**WHEN THE CLOUDS PART: MOMENTS OF CLARITY**

***ACTION STEPS:***

* Retrace moments in your life when you suddenly saw life differently. These could be because of a problem, like an illness or layoff, or something good, like marriage or the birth of a child.
* Write down what you learned in those moments, whether you followed the lessons they taught or ignored them, and what the results were.
* Retrace your job history. What did you learn about yourself and your needs from each of the jobs you’ve held?